



Strategies and Supports

A Brainstorming Tool

Support Needed: _____

What can I (the person) do to help with this support?

What can natural supports do? (Natural supports include family, friends, relatives, groups, organizations, community resources. List those that are and are not available).

What can paid (government funded and private pay) supports do?

What will be the end result if all the supports are in place and working?
